



MIWC UPDATE

May 2021

Volume 54 Issue 9



In This Issue

Final Luncheon of the Season

Masks required

Limited Seating & Social Distancing Observed

-News and Features-

Slate of Officers for 2021-2022

-Regular Features-

Special Interest Club News

Blue Zone Report

Click for
[Club Website](#)

Final Luncheon
Of the Season
Wednesday, May 5, 2021

11:30 a.m.
Marco Island Yacht Club

Due to Covid-19 constraints
attendance at this luncheon will be limited.
See Page 2 for more luncheon details.

President's Message

Our Reason for Being

"Our Reason for Being" is an appropriate theme for the May luncheon meeting of the MIWC. At this meeting (May 5th) we will be recognizing our scholarship recipients for 2021.

I want to thank the Board of Directors and you, our members, who supported the Club. This was a very different year, but because of your generosity, we were still able to give 10 scholarships to 9 deserving students. We should all feel a great sense of pride knowing that by working together, we have achieved the "Greatness of Giving". We wish all our scholarship recipients tremendous success in the future!

Have a wonderful summer wherever you are. I look forward to serving as your President again for the 2021-2022 Season. Stay safe. We will see you in the fall.

With Gratitude,

Debbie Rago, President, MIWC

MIWC Announces Club Officers for 2021 - 2022

President - Debbie Rago

Vice President - Barbara Malta

Recording Secretary - Elisabeth Rehtin

Corresponding Secretary - Elizabeth White

Treasurer - Julia Maslanka

Assistant Treasurer - Leesa Carls

This Month's Luncheon Program and Menu



What's for Lunch ?

Menu for May 5, 2021

Shrimp Cobb Salad with Gorgonzola, Tomato, Bacon, Avocado and Olives
In a Lemon Dijon Dressing

Vegetarian Option is Eggplant Parmesan

Dessert: Strawberry Fruit Trifle

Thanks To This Luncheon's Hostesses

Gloria Ippolito, Marianne Iordanou, and Lisa Hammond

Invocation: Cindi Kramer

Program

We will meet our 2021 College Scholarship recipients

How to Reserve for the Luncheons

Luncheon Cost: \$39

Luncheons are scheduled for the first Wednesday of the Month - October through May
Reservations must be received by the Thursday before the luncheon

[To Register using your credit card click here](#)

(There is a small fee to sign up electronically)

You may also send your check to: Marco Island Woman's Club, P.O. Box 400, Marco Island, FL 34146

Important Note: The Vegetarian Meal must be pre-ordered.

If you register online you will be given a choice of a regular or vegetarian meal.

If you register by mail, be sure to indicate on your check if you want the vegetarian option.

Questions: Shirley Thayer 239-642-0733

..... *And on a Personal Note*

“*And on a Personal Note*” is a section to the UPDATE Newsletter, added in recognition that many of us would appreciate being updated with important happenings in other members’ lives. Events could include births, weddings, special anniversaries, honors, awards, etc. If you have something to include in this section contact: [Lenore Yale, editor of UPDATE](#). 203-506-5075

Please keep in mind: If you know of any member who is ill or could use a card of support during the summer months, notify [Debbie Rago](#)

A Note from Past President Sue Ellen Welch

Dear MIWC Members,

I wish to thank everyone who assisted me during my unusual tenure as President, especially my Vice President, Lael Kilpatrick, and my wonderful, reliable Monterrey members. Thank you for the gift of the gavel charm. It will serve as a reminder of all of you, and my experience “at the helm”.

Seeing all of your familiar, beautiful faces at the April 7th meeting was “soul food”!

Sail on!

Respectfully,
Sue Ellen Welch
President, 2019-2020

Photo Below: Sue Ellen Welch recognized for her service as Club President 2019-2020



Farewell to Past President Priscilla Penn



Above

Priscilla Penn - Anne Marchetti - Debbie Rago

Anne Marchetti and Club President Debbie Rago present Priscilla Penn with a gift and best wishes as she prepares to leave Marco Island and join her family in Michigan.

Club Motto

*Why you were born and why you are living
Depends on
What you are getting out of this world
And what you are giving*



In Appreciation

We would like to thank our local Winn Dixie Including Manager Stephen Shepard, Customer Service Manager, Jocelyn Gonzalez, and Floral Designer Magnolia Pimentel for the Donation of 10 Floral Centerpieces to our April Luncheon.

May 2021 Blue Zone Report Blue Zones Project of Southwest Florida

Blue Zones Project – Southwest is a community-wide, well-being initiative that focuses on making our community a healthier, happier place to live, work and play. Blue Zones Project encourages individuals and businesses to adopt healthy best practices based on the lifestyles of the world’s longest-living people. Each month I will profile where these people live and what keeps them healthy.

America’s only Blue Zone is Loma Linda, CA (which means “pretty hill”) a fairly affluent, small community located inland, about 65 miles due east of Los Angeles. Residents of Loma Linda have one of the highest rates of longevity in the United States. Writer Dan Buettner has labeled Loma Linda a Blue Zone because a substantial proportion of the population lives past 100 years. This is attributed to a ban of public smoking, healthy diet choices and daily exercises.

Jill DiZio

If you would like more information, go to <https://southwestflorida.bluezonesproject.com/> or contact [Jill DiZio](#).

Need a Gift Idea?

Why not give a donation to the Woman’s Club in some special person’s memory or honor?

Your honoree (or his/her family) will receive acknowledgement along with a description of the Marco Island Woman’s Club history and mission of giving back to our community.

Checks should be addressed to Marco Island Woman’s Club Charitable Foundation and mailed to P.O. Box 604 Marco Island, FL 34146. You may also pay via credit card on our website. (click here)

*Be sure to include the name and address of your honoree and any special instructions
Questions: [Debbie Rago, Club President](#)*

Please know there is never a credit card service charge when donating to our charitable foundation

Special Interest Club News

Book Club

The Book Club has continued holding Zoom meetings on the third Thursday of each month, with good attendance, and will continue to do so until the fall. The book discussed in April was: "The Woman who Smashed Codes: A True Story of Love, Spies, and the Unlikely Heroine who Outwitted America's Enemies," by Jason Fagone. It narrates the incredible true story of Elizebeth Smith Friedman, the groundbreaking cryptanalyst who helped bring down gangsters and break up Nazi spy rings. The book is the basis of an episode in "The Codebreaker" series in PBS.

The May book will be "The River of Doubt: Theodore Roosevelt's Darkest Journey," by Candice Millard. This book is both a narrative of an incredible adventure and a penetrating biographical portrait. It relates Roosevelt's harrowing exploration of an unmapped, rapids-choked tributary of the Amazon River. His group faced an unbelievable series of hardships, such as losing their canoes and supplies, enduring starvation, Indian attacks, disease, drowning, and a murder.

Please Note:

The current MIWC Book Club is full and currently is not admitting new members. It may well be time for this very popular group to initiate a sister book club! If you might be interested in chairing or joining a new MIWC Book Club, please contact [Debbie Rago](#)

Theater-Goers

Artis-Naples is planning on going forward with Broadway Series next year. Once we have the production names for next fall season, we will share them with our Theater-Goers' list. If you wish to be added to the list for the Theater newsletter just [contact Sharyn Kampmeyer](#)

Travel Group

This group was just about to get started when Covid-19 began its rampage. All planning and activities had been on hold pending safer times. We are optimistic that we can venture out in the fall! Chair, Elisabeth Rehtin, has traveled extensively and also has worked professionally in the industry. The Travel Group would like to encourage all interested Club members to please contact Elisabeth to be informed of our upcoming travel events. An interest questionnaire will be sent to Travel members in the summer to finalize Fall and Winter events. We look forward to hearing from you.

Anyone interested in joining this group should contact Elisabeth at: (239) 389-1456 or [email Elisabeth](#)



Stitch Makers

Welcome Back to in-person meeting for this Special Interest Group for women who like to crochet and knit! To date, we have a total of 63 blankets for our spring donation and know we will increase that number before we make a delivery to the Golisano Hospital in May! Ladies, I (Anne Marchetti) thank you from the bottom of my heart for your endless generosity. Our creations are so heartwarming!

Speaking of MAY. We are having the next stitching session on **Wednesday, MAY 19th** (the 3rd Wednesday) at **1:00 at The Plantation**. Please mark your calendars. We will also be doing a crocheting refreshing lesson for those wanting to learn

Any questions, please contact Anne Marchetti: 201-321-0801 or [Anne's email](#)



Got Any Good Summertime Photos?



If you have any good photos of MIWC summer events such as Summer Luncheons, Book Club or Stich Makers, please send them to [Austine Frawley](#). Be sure to include the names of the events and people pictured.



Fashion Show Update!

We are working on an Event Location.
Once It Has Been Confirmed,
We Will Send Out A "Save the Date!!"

Anyone Wishing to Help Us With
Our Main Event of The Year!
please contact Sharyn Kampmeyer
(Click Here)

All Talent Needed !!



Informal MIWC Summer Luncheons?

Susie Berenzweig is working on it!
Stay Tuned
More Information Coming

The Next Issue of MIWC UPDATE

will be published in September, 2021

Mark Your Calendars!

Next MIWC Luncheon
Is Scheduled for
Wednesday, October 6, 2021
At the Yacht Club



Stay Safe



Stay Well

Have a Great Summer
~ Wherever You May Be ~